



ANAPHYLAXIS and NOSHC/VAC CARE



ANAPHYLAXIS occurs soon after exposure to a trigger and these reactions can be **SERIOUS** and **LIFE THREATENING**.

The key to **preventing ANAPHYLAXIS** is **avoidance** of the known trigger(s) and, in so doing, creating an environment in which **exposure to triggers is minimised**.

Your help and co-operation in making Norwood Vacation Care and OSHC a **safe place** for children with food allergies **is imperative!**

You can assist! Do not provide your children with foods that contain Nuts or Nut products when attending Norwood Vacation Care or OSHC and encourage your children not to share their food with anyone.



Examples of products containing Nuts include:

- Peanut paste
- Nutella
- Muesli bars with nuts
- Chocolate bars with nuts eg snickers bars



If for some reason a child brings foods containing nuts to Norwood Vacation Care or OSHC, **the following procedure will be followed:**

- The child will be asked to eat separately from other children a safe distance away from a child with a Nut allergy. All efforts will be made to ensure that no child feels excluded.
- The child will be asked to wash their face and hands and rinse their mouth out with water when they have finished their food.
- Packaging will be returned home to be disposed of safely this will ensure there is no possibility of transfer to an allergic child.

Again, please note, severe **ANAPHYLAXIS** is **SERIOUS** and **LIFE THREATENING**.