

# sustainability

*creating more, wasting less*

## Sustainability at Vacation Care – a message to Parents

The OSHC Children initiated a group in 2008 called the 'Garbage Busters' who wanted to reduce the rubbish around the service and that which goes into landfill. They started by keeping the grounds clean but over time they noticed the **same type of rubbish**; individual snack wrappers, plastic sandwich bags, foil chip packets and small fruit drink bottles/containers. They then asked parents to help, if packing snacks/lunches use;

- Reusable containers and water bottles
- Unwrap snack bars and put into lunch boxes
- Buy bulk (less packaging and cheaper)
- Use fresh fruit and vegetables (no packaging)
- Return empty drink bottles home for cash recycling (extra pocket money)



**For Vacation Care we are going one step further - as children bring their own morning snack and lunch **all disposable wrappers, containers and uneaten food will be returned home.**** This has two benefits; firstly, parents will know what children are not eating and can discuss with them alternatives, thereby teaching them respect for food and reducing costly waste. Secondly, we achieve our goal in reducing the OSHC rubbish which goes to landfill.

Please support the children in their drive for a rubbish free environment!

## Re-think your lunchbox.

